

**KEEP
CALM
AND
BREATHE
DEEP**

CEO OLIVIA'S QUICK SNIFF EBOOK SERIES

Step # 1

**CHECK YOUR
EMOTIONS**

**DON'T
PANIC**

My huMom & I both believe it is important to share what we have learned about canine epilepsy over the years. It is our hope that these ebooks can be of help & offer some guidance. Please understand what has worked for me might not work for your good dog. My huMom & I are in no way experts on canine epilepsy & these ebooks should not be considered a substitute for proper veterinary care.


Sharing is Caring,
CEO Olivia



**Hello, my name is Olivia
&
I live with
Canine Idiopathic Epilepsy.
With the help of my huMom
I am writing a series of
Ebooks
intended to help those who
live with
canine epilepsy.**



Having a canine companion who has epilepsy takes an emotional toll. It's never easy seeing your dog experience a seizure. It requires a special kind of courage that many don't know they have until it's needed.



**“You never
know how
strong you are
until being
strong is the
only choice
you have.”**





**Dogs are emotional sponges.
We absorb, analyze & react to what
our human is feeling.**



Breathe In Deep

**We have learned, when I experience
a seizure it is vital that my huMom
remain as calm as possible
no matter how difficult.**

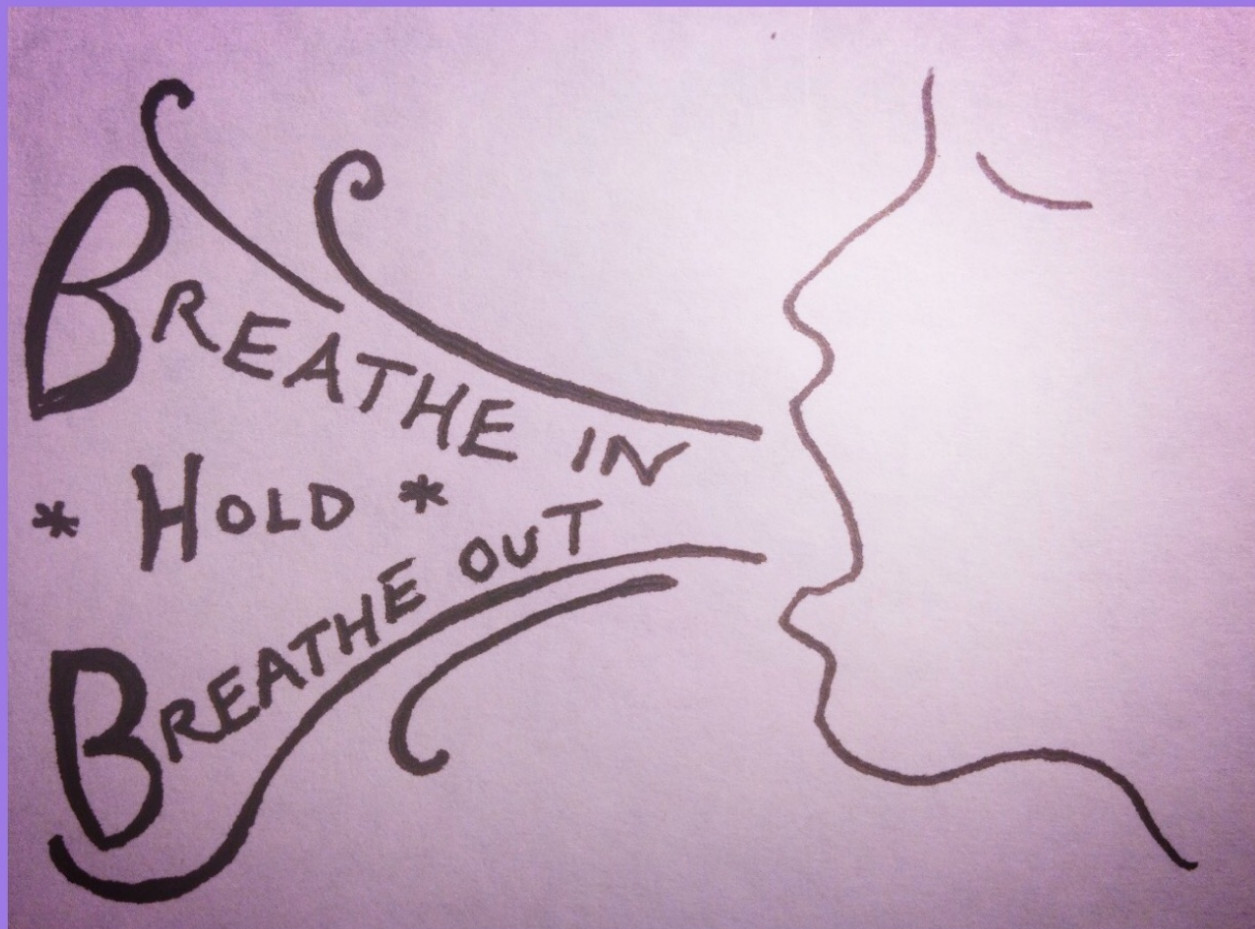
**When we panic
we can't focus or be effective.**



Panicking can also stress out your Epi Warrior



which could lead
to another seizure.



A large purple circle is centered on a light purple background. Inside the circle, the words "Breathe", "Put Yourself Aside", "Focus", and "Follow Protocol" are written in white, bold, sans-serif font, stacked vertically.

Breathe
Put Yourself Aside
Focus
Follow Protocol

**The key to staying in control
of your emotions
is to put yourself aside
&
follow established protocols.**

**Focus on now
&
what needs to be done.**



Remain calm & focused.

Establish a protocol to follow.

Be mindful & selfless
(it's not about you).

Knowledge is power; educate yourself.

Reach out via social media.

Seek out online resources.

Don't assume your vet knows
everything.

**STRENGTH
COURAGE
HOPE
FAITH**

We Would Like To Acknowledge 💜

THE CANINE EPILEPSY COMMUNITY
THE WALLY FOUNDATION -canine epilepsy
CANINE EPILEPSY RESOURCES
THE EPI GUARDIAN ANGELS



A
KNOTTY TOY FOR GOOD DOG
PRODUCTION

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